

Download Conscious Uncoupling 5 Steps To Living Happily Even After

“For learning to live happily even after, finding a way to forgive the unforgivable, and to move forward in life graciously with hope in our hearts... may very well be the essence of what it is to truly love each other.”
—Katherine Woodward Thomas, from *Conscious Uncoupling: 5 Steps to Living Happily Even After* [Katherine Woodward Thomas] on Amazon.com. *FREE* shipping on qualifying offers. And Then They Lived Happily... We enter our romantic relationships with great love. The 5-step Conscious Uncoupling process provides way to examine our own role in relationships, and become conscious of the patterns that may contribute to the lack of satisfaction. Moving through these transitions depends on our ability to take responsibility for our part in the breakup. Katherine Woodward Thomas, M.A., MFT is the author of the New York Times Bestseller *Conscious Uncoupling: 5 Steps to Living Happily Even After* which was nominated for a Books for a Better Life Award, and the national bestseller, *Calling in “The One:” 7 Weeks to Attract the Love of Your Life*.